

Stop Tantrums in Minutes

Without yelling or punishment

If your child has ever screamed,
cried, or melted down...



you already know:

👉 **logic doesn't work** in that moment

And that's not your fault.

Your child isn't being difficult.

👉 Their brain is overwhelmed and asking for help.

👉 Here's what actually works:

1 Connect first

"I'm here. You're safe."

2 Validate the feeling

"I know you really wanted that"

3 Breathe together

Slow. Calm. With them.

! Most parents do this instead:

Trying to reason Rushing to stop it

Getting frustrated

👉 This often makes tantrums last longer.



Calm comes first.

Teaching comes later.



**Use this tonight — even if
nothing has worked before.**

READY TO STOP THE NEXT MELTDOWN?

The Starter Pack is just the beginning. Turn chaos into calm with the full Peluso Method.



5 More Stories: Master all 5 root causes.

Parent Blueprint: Decode behavior in seconds.

FREE BONUS: *"Beyond Tantrums"* Guide (Hitting, Defiance, Defiance).

Total: 22 Science-based tools.

**[GET THE ULTIMATE
PELUSO BUNDLE NOW]**